

FALL 2025 Schedule - Evening & Weekend Program - School of Atlantic Ballet

	Monday			Tuesday			Wednesday			Thursday			Friday					
	Studio 1	Studio 2	Green Rm	Studio 1	Studio 2	Green Rm	Studio 1	Studio 2	Green Rm	Studio 1	Studio 2	Green Rm	Studio 1	Studio 2	Green Rm			
10:00am																		
11:00am																		
5:00pm												Acro Primary 5:00 - 5:45						
5:45pm	Pre-Inter. Ballet 5:15-6:15		Acro 2 5:00-6:15	Advanced Ballet 5:45 - 7:15	Int. 2 Ballet 5:45 - 7:15		Int.2 Ballet 5:45 - 6:45			Advanced Ballet 5:45 - 7:15		Acro 1 5:45-6:45	Advanced Ballet 5:45 - 7:15	Int. 2 Ballet 5:45 - 7:15				
6pm		Musical Theatre Fundamentals 6:00 - 8:00						Primary Ballet (BALLET ONLY) 6:00-6:45pm			Primary Ballet (PACKAGE) 6-6:45				Yoga 6:00- 7:00			
6:30pm	Inter. 1 Ballet 6:15-7:30			Pre-Inter. Acro 6:30-7:30														
7:00pm									Yoga 7:00- 8:00									
7:30pm																		
8:00pm				Adv. Character 7:15-8:15	Inter. 2 Contemp. 7:15-8:15	Breaking with Terry 7:30-8:30	Int. 2 Character 6:45 - 7:30			Adv Pointe 7:15 -8:15			Adv. Contemp. 7:15 - 8:15	Int. 2 Ballet Pointe 7:15 - 8:15				
8:30pm																		
	SATURDAY																	
	9am	9:45am	10am	10:15am	11am	11:15am	11:30am	11:45am	12pm	12:15pm	12:30pm	1pm	3:00	4:00pm	4:15pm	5:30pm	6:15pm	
Studio 1	Pre-Ballet 9-9:45am			Pre-Primary Ballet 10:15 - 11:15am			Primary Ballet (ALL students) 11:30-12:15					Advanced Ballet (may be combined with Int 2 classes in show prep) 1:00 - 4:00 *Pointe Shoes			Adult Ballet 4:15-5:30		Adult Pointe 5:30-6:15	
Studio 2	Pre-Int. Ballet 9:00-10:15am				Inter. 1 Ballet 10:30-12:00pm					Musical Theatre All Called 12:15-3:15								
Green Room																		