

WINTER SCHEDULE 2026 Schedule - Evening & Weekend Program - School of Atlantic Ballet

	Monday			Tuesday			Wednesday			Thursday			Friday			 SCHOOL OF ATLANTIC BALLET 1000 Bay Street, Suite 1000 St. John's, Newfoundland, A1B 3G4 (709) 753-1111	
	Studio 1	Studio 2	Green Rm	Studio 1	Studio 2	Green Rm	Studio 1	Studio 2	Green Rm	Studio 1	Studio 2	Green Rm	Studio 1	Studio 2	Green Rm		
10:00am																	
11:00am																	
5:00pm																	
5:45pm	Pre-Inter. Ballet 5:15- 6:15		Acro 2 5:00-6:15	Advanced Ballet 5:45- 7:15	Int. 2 Ballet 5:45 - 7:15		Int.2 Ballet 5:45 - 6:45		Primary Ballet (BALLET ONLY) 6:00-6:45pm	Advanced Ballet 5:45 - 7:15		Acro Primary 5:00 - 5:45					
6pm												Primary Ballet (PACKAGE) 6- 6:45	Acro 1 5:45- 6:45				
6:30pm													Advanced Ballet 5:45 - 7:15	Int. 2 Ballet 5:45 - 7:15			
7:00pm	Inter. 1 Ballet 6:15-7:30	Musical Theatre Fundamentals 6:00 - 8:00	Pre-Inter. Acro 6:30-7:30				Breaking with Terry TBA	Int. 2 Character 6:45 - 7:30	Musical Theatre Advanced 6:00 - 8:00								
7:30pm																	
8:00pm																	
8:30pm																	
	SATURDAY																
	9am	9:45am	10am	10:15am	11am	11:15am	11:30am	11:45am	12pm	12:15pm	12:30pm	1pm	3:00	4:00pm	4:15pm	5:30pm	6:15pm
Studio 1	Pre-Ballet 9:45am			Pre-Primary Ballet 10:15 - 11:15am			Primary Ballet Package 1:30- 12:15		Primary Ballet (BALLET ONLY) 12:15- 1:00 PM		Advanced Ballet (may be combined with Int 2 classes in show prep) 1:15 - 4:15 PM *Pointe Shoes				Adult Ballet 4:15-5:30	Adult Pointe 5:30-6:15	
Studio 2	Pre-Int. Ballet 9:00-10:15am			Inter. 1 Ballet 10:30-12:00pm					Musical Theatre All Called 12:15-3:15								
Green Room																	